

The Advisor

A Publication of the LA NAWGJ

March/April, 2005

State Meets



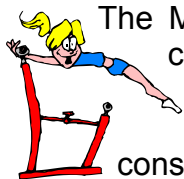
State Meets for all levels and programs are quickly approaching. If you have been assigned to one of these very special competitions, please do all you can to arrive as prepared for your event or events as possible. Remember that you are a professional. The athletes have worked hard to achieve entry into these meets and they deserve our very best. Don't let any outside events influence your impartiality and fairness and don't every forget that we are in this for the athletes.

Uniforms



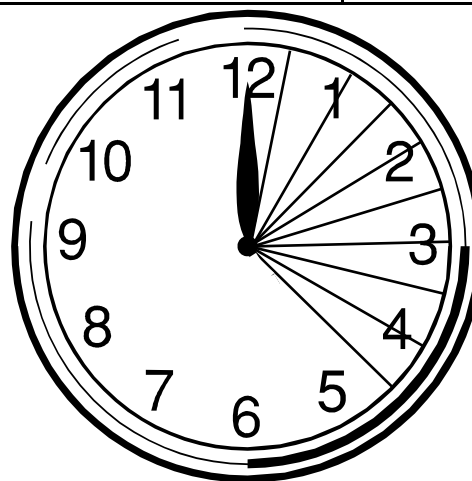
Your official NAWGJ uniform is required for ALL State Competitions. For women, this means you must wear the official skirt and jacket, a white blouse, hose, and matching shoes with low heels. Men must wear the official slacks and jacket, a white shirt, matching tie, shoes and socks. Everyone should be well groomed. The athletes do all they can to look their very best and deserve no less from us. This season, it was noticed that some judges got a little lax with the official uniform requirements. Please review all of the above statements and lets try to do better for State Meets.

Visualizing Angles on Bars



The MS NAWGJ published an interesting chart for visualizing angles on Bars. Thought you would find it helpful. To better visualize required angles, consider the face of a clock. Every 5 min mark represents 30°. Handstands are required to be finished within 10 of vertical to receive "B" Value Part credit. Try to visualize a clock when evaluating the angles you see on bars:

Within 10 of vertical ("B" Cast)	2 minutes of or after 12:00
60 above horizontal finish	5 minutes of or after 12:00
45 above horizontal finish ("A" Cast)	8 minutes of or after 12:00
30 above horizontal finish	10 minutes of or after 12:00
15 above horizontal finish	13 minutes of or after 12:00
The horizontal finish	15 minutes of or after 12:00
15 below horizontal finish	18 minutes of or after 12:00
30 below horizontal finish	20 minutes of or after 12:00
45 below horizontal finish	23 minutes of or after 12:00



Gym Jam



Register now for the Gym Jam, June 24-26, 2005 in Baton Rouge. Judges who register with the LA NAWGJ for this event will have their registration fee paid with profits from our Holiday Classic. You can use money you have on account to order

materials such as the Compulsory Book and the JO Code. Send your completed form to Brenda and we will send one check to the LA USAG for your orders. If you do not have enough money on account to pay for your ordered items, send a check for the balance payable to LA NAWGJ. All forms and orders are due to the SJD by April 1st.

using money you may have on account. We will also pay for 1 test part for each active member.

LA NAWGJ Financial Report

Submitted to RJD 3/1/05 (1st Period Report)

Income: \$32,285.33

\$ 32,366.00 - Holiday Classic
 \$ 10.00 - Clinics/Workshops
 \$ 300.00 - Certification Exams
 \$ 149.00 - Assigning Fees
 \$ 20.33 - Interest Income
 \$ 440.00 - Other Income
 Tr Camp Hotel Reimbursement \$140.00
 Region 8 Donation for NJC \$300.00



Active Status



Don't forget that if you want to test up this summer, you also need to Practice Judge 2 meets at the level you want to test. If you did NOT Practice Judge 2 meets in 2004, you won't be able to test until you do so. Send a copy of that portion of your Active Status card showing that requirement has been met when you send your Test Registration. There is no waiver of this requirement. If you need clarifications on what constitutes Practice Judging, contact Kristi. We want all of our judges to be current and will help where we can, but the ultimate responsibility is YOURS!

Louisiana IN Gym Active Status cards are **OVERDUE**. Please send them to Brenda Eberhardt, 4008 Ellen Drive, Marrero, LA 70072-6222 ASAP.

Regional IN Gym Active Status cards are due June 1, 2005. Please send them to Marian Dykes, 4651 Buford Highway, Atlanta, GA 30341 ASAP.

Expenses: \$20,328.66

\$15,781.33 - Holiday Classic
 \$ 431.54 - Director Travel
 \$ 272.73 - Office Supplies
 \$ 426.96 - Clinic Expense
 \$ 328.70 - Certification Exams
 \$ 820.00 - Educational
 \$ 848.25 - Membership Reimbursements
 \$ 240.48 - Postage
 \$.10 - Bank Charge
 \$ 1,178.57 - Other Expenses
 Check Return & Fee \$821.00
 NJC Gifts \$357.57

Next Report due to RJD June 20, 2005

2005 Testing



Tests on the new material will be available for the first time in Portland, OR at the National Judges Symposium. Here in Louisiana, we will give all levels of the tests in late August or early September. You will be notified when the exact date and place are available.

Those eligible for one of the National Courses or for Level 10 recert must register online with the USAG. You can have your registration fee refunded once you attend the course of your choice with profits from our Holiday Classic without

Regional Assignments

Louisiana judges who have been assigned to Regional Meets are:

Level 8: Susan Sommer & Brenda Eberhardt

Level 9/10: Patricia Boudreaux

We wish them and our athletes a successful meet experience.

Remember the secret to happiness is.....

**LOVE,
 FAITH,
 PEACE,
 HARMONY**